

JULY
2021

WHIDBEY ISLAND INSIGHTS NEWS & STORIES



Our Vice President's Message



Welcome to the official start of summer! In just a few days, we will celebrate American Independence Day on the Fourth of July. We think of July 4, 1776, as a day that represents the Declaration of Independence and the birth of the United States of America as an independent nation.

It is also a time families gather to barbecue, gather with friends, and watch fireworks. Whatever your plans are, we hope you will be safe and continue to give thanks for our precious gift of freedom.

Many have already experienced extremely hot weather, and it is forecasted to continue in many parts of our nation. Should you have a maintenance emergency, our teams will be on call throughout the holiday weekend 24/7.

We are also pleased to announce our Hunt Heroes Foundation will once again be partnering with Operation Homefront on their Backpack Brigade program. Be on the lookout for the details on how to register your child to receive a complimentary backpack filled with school supplies. This will be on a first-come, first-served basis, and quantities are limited per community.

Wishing you all a safe, happy, and healthy holiday and summer!

Best,

**Karen Plesh, Vice President
Hunt Military Communities**



HuntMilitaryCommunities.com



The History of America's Independence Day

On June 11, 1776, the Colonies' Second Continental Congress met in Philadelphia and formed a committee whose express purpose was drafting a document that would formally sever their ties with Great Britain. The committee included Thomas Jefferson, Benjamin Franklin, John Adams, Roger Sherman and Robert R. Livingston. Jefferson, who was considered the strongest and most eloquent writer, crafted the original draft document (as seen above). A total of 86 changes were made to his draft and the Continental Congress officially adopted the final version on July 4, 1776.

The following day, copies of the Declaration of Independence were distributed, and on July 6, The Pennsylvania Evening Post became the first newspaper to print the extraordinary document. The Declaration of Independence has since become our nation's most cherished symbol of liberty.

Read more here: <https://www.pbs.org/a-capitol-fourth/history/history-independence-day/>

CONTACT INFORMATION



Please see below for our updated contact information:

Office Phone Line: 360-679-4241

Leasing Phone Line: 877-340-9055

Maintenance Work Orders: 866-616-3267

Email: northsoundrso@huntcompanies.com

JULY - UV Safety Awareness Month



Sun Safety

Spending time outside is a great way to be physically active, reduce stress, and get vitamin D. You can work and play outside without raising your skin cancer risk by protecting your skin from the sun.

Most skin cancers are caused by too much exposure to ultraviolet (UV) light. UV rays are an invisible kind of radiation that comes from the sun, tanning beds, and sunlamps. UV rays can damage skin cells.

Protection from UV rays is important all year, not just during the summer. UV rays can reach you on cloudy and cool days, and they reflect off of surfaces like water, cement, sand, and snow. In the continental United States, UV rays tend to be strongest from 10 a.m. to 4 p.m. daylight saving time (9 a.m. to 3 p.m. standard time).

The UV Index forecasts the strength of UV rays each day. If the UV index is 3 or higher in your area, protect your skin from too much exposure to the sun.

How to Protect Your Skin From the Sun

Shade

You can reduce your risk of sun damage and skin cancer by staying in the shade under an umbrella, tree, or other shelter. Your best bet to protect your skin is to use sunscreen or wear protective clothing when you're outside—even when you're in the shade.

Clothing

When possible, wear long-sleeved shirts and long pants and skirts, which can provide protection from UV rays. If wearing this type of clothing isn't practical, try to wear a T-shirt or a beach cover-up. Clothes made from tightly woven fabric offer the best protection. A wet T-shirt offers much less UV protection than a dry one, and darker colors may offer more protection than lighter colors. Some clothing is certified under international standards as offering UV protection.

Hat

For the most protection, wear a hat that has a brim all the way around that shades your face, ears, and the back of your neck. A tightly woven fabric, such as canvas, works best to protect your skin from UV rays. Avoid straw hats with holes that let sunlight through. A darker hat may offer more UV protection.

If you wear a baseball cap, you should also protect your ears and the back of your neck by wearing clothing that covers those areas, using sunscreen, or staying in the shade.

Sunglasses

Sunglasses protect your eyes from UV rays and reduce the risk of cataracts. They also protect the tender skin around your eyes from sun exposure.

Sunglasses that block both UVA and UVB rays offer the best protection. Most sunglasses sold in the United States, regardless of cost, meet this standard. Wrap-around sunglasses work best because they block UV rays from sneaking in from the side.

Sunscreen

Put on broad spectrum sunscreen that blocks both UVA and UVB rays and has an SPF of 15 or higher before you go outside. Don't forget to put a thick layer on all exposed skin. Get help for hard-to-reach places like your back. And remember, sunscreen works best when combined with other options.

Sunscreen is not recommended for babies who are 6 months old or younger. The U.S. Food and Drug Administration recommends keeping infants out of the sun during midday and using protective clothing if they have to be in the sun.

SPF. Sunscreens are assigned a sun protection factor (SPF), which is a number that rates how well they block UV rays. Higher numbers indicate more protection. You should use a broad spectrum sunscreen with SPF of 15 or higher.

Reapplication. Sunscreen wears off. Put it on again if you stay out in the sun for more than 2 hours and after swimming, sweating, or toweling off.

Expiration date. Check the sunscreen's expiration date. Sunscreen without an expiration date has a shelf life of no more than 3 years. Its shelf life is shorter if it has been exposed to high temperatures.

https://www.cdc.gov/cancer/skin/basic_info/sun-safety.htm

Festive 4th of July RECIPE

Loaded Red, White and Blue Cookie Bars

Recipe courtesy of Pillsbury



INGREDIENTS:

- 1 Roll (16.5 oz) refrigerated Pillsbury Sugar Cookie Dough
- 3oz (from 8oz package) cream cheese, softened
- 2 tablespoons all-purpose flour
- 8 Golden Oreo sandwich cookies, coarsely crushed (about 1 cup)
- 1/2 cup red, white and blue M&Ms candy-coated milk chocolate candies
- 1/2 cup semi-sweet chocolate chips
- 1/4 cup coarsely chopped cocktail peanuts
- 2 tablespoons red, white and blue candy sprinkles
- 1/4 cup white vanilla baking chips

DIRECTIONS:

1. Heat oven to 350 degrees. Let dough stand at room temperature 10 minutes to soften. Spray 13x9 pan with cooking spray.
2. In large bowl, break cookie dough into small chunks. Add cream cheese and flour; stir with spoon or hands until well blended. (DO NOT EAT RAW COOKIE DOUGH AFTER COMBINING WITH FLOUR.) Stir in crushed cookies, candies, chocolate chips and peanuts. Spread in bottom of pan. Sprinkle candy sprinkles on top.
3. Bake 25 to 29 minutes or until golden brown and toothpick inserted in center comes out clean. Cool 30 minutes.
4. In small microwavable bowl, microwave white vanilla baking chips uncovered on High 30 to 60 seconds or until chips can be stirred smooth. Spoon melted chips into small resealable food-storage plastic bag; partially seal bag. Cut off tiny corner of bag; squeeze to pipe over top of bar. Cool completely, about 1 hour. Cut into 6 rows by 4 rows.

Recipe here: <https://www.pillsbury.com/recipes/loaded-red-white-and-blue-cookie-bars/>



Golden Paintbrush



A Golden Opportunity

If you've ever walked near Stuart Lane at Forbes Point in the Maylor Point Community, you may have seen a fence surrounding a large prairie. This fence is meant to prevent deer from eating an endangered plant: a beautiful yellow flower known as the golden paintbrush.

Native to the coasts of Washington, British Columbia, and Oregon, the golden paintbrush declined in numbers due to loss of prairie habitats. Such grassland ecosystems in western Washington have been decimated to lower than 5% of their pre-settlement range. Of the prairies that remain, most are largely overrun by development runoff and encroachment of non-native species. This resulted in the golden paintbrush being placed on the Endangered Species List in 1997.

Since then, NASWI has taken measures to protect its endangered flowers, working with local scientists and organizations to preserve and grow the population. Many other entities on Whidbey Island – such as Fort Casey State Park and Admiralty Inlet – also have populations, making Whidbey a conservation hot spot for the golden paintbrush and prairie conservation.

The flower blooms from late April to early June. While we can't enter the prairie on Forbes Point to see the flowers at NASWI, local non-profit Pacific Rim Institute (located five minutes east of Coupeville down highway 20) has fields of blooms including thousands of golden paintbrush.

Thanks to the many conservation efforts, especially those on Whidbey Island, there are talks about one day removing the flower from the endangered species list. When it happens, it would be a well-fought victory in the world of conservation.

ANNOUNCEMENTS

NASWI Drinking Water System Consumer Confidence Report

The 2020 Consumer Confidence Report has been distributed through resident emails and printed copies are available at your local neighborhood management office if you would like a copy.

SATISFACTS SURVEY RAFFLE

After any appointment with our staff (work order, move-in, pre-inspection or final), please take a moment to give us your feedback! Complete the Satisfacts survey for a chance to WIN A GIFT BASKET filled with wonderful items from our community!



Did I Provide You
5-Star Service?



Committed to 5-Star Service



Complete the survey for a
chance to WIN A GIFT BASKET!

1. Survey will come to your primary email address from surveys@satisfacts.com.
2. Complete survey with your HONEST FEEDBACK!

WhidbeyIslandFamilyHousing.com | (855) 443-4409

Raffle drawings will be held every month and announced in our newsletter and on social media!

Contact Information
Neighborhood Management and
Maintenance Offices open:
Monday - Friday 8:00-5:00pm
Closed Saturday & Sunday

Office Phone: 360-679-4241
Available for Emergencies 24/7:
866-616-3267

Victory Terrace - 2205 Egret Drive
Crescent Harbor - 1930 Magnolia Way
Maylor Point - 1093 Mt. Stewart Loop
Maintenance Shop - 2372 Robin Street

MAINTENANCE CORNER



Filters - Please ensure that your air filters are replaced regularly (every 3 months). Stop by the maintenance shop to pick up your FREE filter when you are ready to replace them.



Smoke Alarms - Test all smoke alarms to make sure they are working properly. Check the batteries and replace if necessary.



Self-Maintained Flowerbeds - Spring/Summer temperatures have allowed many residents the opportunity to start yard/flowerbed upkeep. If you opted to maintain your flowerbed at the time of lease signing, please remember it is your responsibility to maintain the condition of the landscaping at your home.

Watering Lawns - Residents are responsible for watering the lawn (front and back) and flowerbed areas. If your home has an automated irrigation system, your front lawn and flowerbed will be watered on a schedule. Do NOT over water your lawn and/or flowerbed.



Self-Service Options - Our maintenance department has a few self-service options to help maintain your home and lawncare. Mowers and weed eaters are available to loan out, as well as long dusting poles to clear debris from the exterior of your home. Please give maintenance a call to inquire about self-service availability of any item.

FRIENDLY REMINDERS



BBQ Grills: Outdoor grills are permitted only outside the home no closer than ten (10) feet to the house or fence. Barbecue grills should not be left unattended when in use or while still hot. Cooking food in the front yard or on covered balconies, and/or patios using hibachis, grills, etc. is prohibited.

Pools/Bounce Houses/Trampolines: NO swimming pools or hot tubs are allowed on property. Wading pools are allowed and must be emptied and put away daily. Wading pools are only allowed in the backyard. Bounce houses are permitted and must be taken down and put away on a daily basis. Trampolines are NOT permitted on resident premises.



RVs/Utility Trailers/Boats: Recreational vehicles (campers, trailers, boats, etc.) are not permitted to be parked in the Neighborhoods at any time; however, such vehicles may be parked within the confines of the garage on the Premises. Please refer to the Community Handbook for more information.

We're Here for You!



Matt Bush
Community Director



Heather Carlon
Community Manager



James Mauck
Community Manager



Jen Jones
Community Manager



Tara Gowin
Maintenance Director



Louise Aldana
Maintenance Manager



Heather Eaton
Maintenance Manager



Nathan Kline
Maintenance Manager



Tony Peppy
Maintenance Supervisor

Facebook: www.facebook.com/whidbeyislandfamilyhousing
Website: whidbeyislandfamilyhousing.com





COMMUNITY ADVISORY BOARD

CREATING BETTER COMMUNITIES TOGETHER

- HUNT MILITARY COMMUNITIES -



GET INVOLVED & BE AN ACTIVE
VOICE FOR YOUR COMMUNITY



HUNT IS EAGER TO CREATE A COMMUNITY ADVISORY BOARD
**TO BETTER SERVE OUR RESIDENTS
& MEET THEIR NEEDS.**

We are **LOOKING FOR MOTIVATED RESIDENTS**
that would like to get involved and be an active
voice for the community.

If you interested in being a voice for the community contact the Management Office at:

360.679.4241 • NorthSoundRSO@huntcompanies.com

Mosquito Bite Prevention



Protect yourself and your family from mosquito bites

Use insect repellent

When used as directed, EPA-registered insect repellents are proven safe and effective, even for pregnant and breastfeeding women.



- Always follow the product label instructions.
- Reapply insect repellent every few hours, depending on which product and strength you choose.
 - » Do not spray repellent on the skin under clothing.
 - » If you are also using sunscreen, apply sunscreen first and insect repellent second.

Natural insect repellents (repellents not registered with EPA)

- The effectiveness of non-EPA registered insect repellents, including some natural repellents, is not known.
- When used as directed, EPA-registered insect repellents are proven safe and effective. For more information: www2.epa.gov/insect-repellents

If you have a baby or child



- Do not use insect repellent on babies younger than 2 months of age.
- Dress your child in clothing that covers arms and legs, or
- Do not apply insect repellent onto a child's hands, eyes, mouth, and cut or irritated skin.
 - » Adults: Spray insect repellent onto your hands and then apply to a child's face.
- Do not use products containing oil of lemon eucalyptus (OLE) or para-menthenediol (PMD) on children under 3 years of age.

Mosquito-proof your home



- Use screens on windows and doors. Repair holes in screens to keep mosquitoes outside.
- Keep mosquitoes from laying eggs in and near standing water.
 - » Once a week, empty and scrub, turn over, cover, or throw out items that hold water, such as pet bowls, tarps, tires, buckets, planters, toys, pools, birdbaths, flowerpots, or trash containers. Check inside and outside your home.



HUNT HEART PROGRAM

SPOUSAL OUTREACH SUPPORT

Life as a military spouse has its own challenges, but deployment brings on additional challenges for the spouse who cares for the home. Today's military families may be faced with multiple deployments or have to leave home for extended periods of training and the spouse who stays home shoulders the responsibility of maintaining the home life, and caring for children and pets, often while supporting a career. Spouses of deployed service members are faced with fulfilling the roles of both parents while bearing the emotional load of concern about the safety of the deployed spouse and the risk they face abroad.

Hunt recognizes these challenges and cares about our service members and their families. This is why we have established the **Hunt Heart Spousal Outreach Support (SOS) Program** for our resident families during a time when the spouse is deployed or away from home.

The **Spousal Outreach Support (SOS) Program** is backed by a team of caring individuals whose goal is to make life a little bit easier and bring smiles to the faces of family members while the service member is not there.

QUALIFICATIONS

Any resident with a spouse who is deployed, will be deploying or will be leaving for an extended period of time qualifies to be in the Hunt Heart Spousal Outreach Support Program (SOS).

ENROLLMENT

Residents who want to be considered for the SOS Program should contact the leasing office for enrollment. You will need a copy of your orders and a Power of Attorney to get started.

The **SOS Program** serves as an added bonus to living at a Hunt military community by providing deployed or absent service members peace of mind knowing that their loved ones will always have someone to contact for assistance while they are away.

SPOUSAL OUTREACH SUPPORT (SOS) BENEFITS:

- Maintenance Plus
- SOS Days
- SOS Resources

SOS MAINTENANCE PLUS

Maintenance Plus is designed to assist families with tasks that are traditionally done by the absent family member. Services provided are in addition to the 24 Hour Emergency and routine maintenance services that are already provided.

Services may include but are not limited to:

- Assistance with hanging pictures
- Assembling bikes and toys
- Changing light bulbs or moving furniture
- Mowing lawns
- Putting up or taking down Christmas decorations
- Grass cutting
- Weed removal from flowerbeds
- Shoveled sidewalks during snow events
- Box and packing material up

SOS DAYS

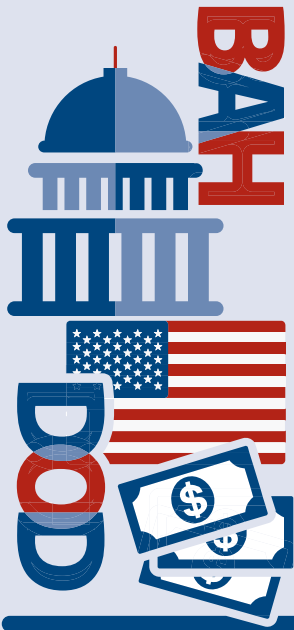
SOS Days are special events and days of family oriented activities dedicated to family of absent or deployed spouses.

SOS RESOURCES

SOS Resources are provided to assist our families in preparing and planning for deployment.

There are many decisions that have been made prior to deployment and preparing for deployment and preparing for deployment is paramount to family well-being.

WHERE DOES YOUR BAH WITH HUNT MILITARY COMMUNITIES GO?

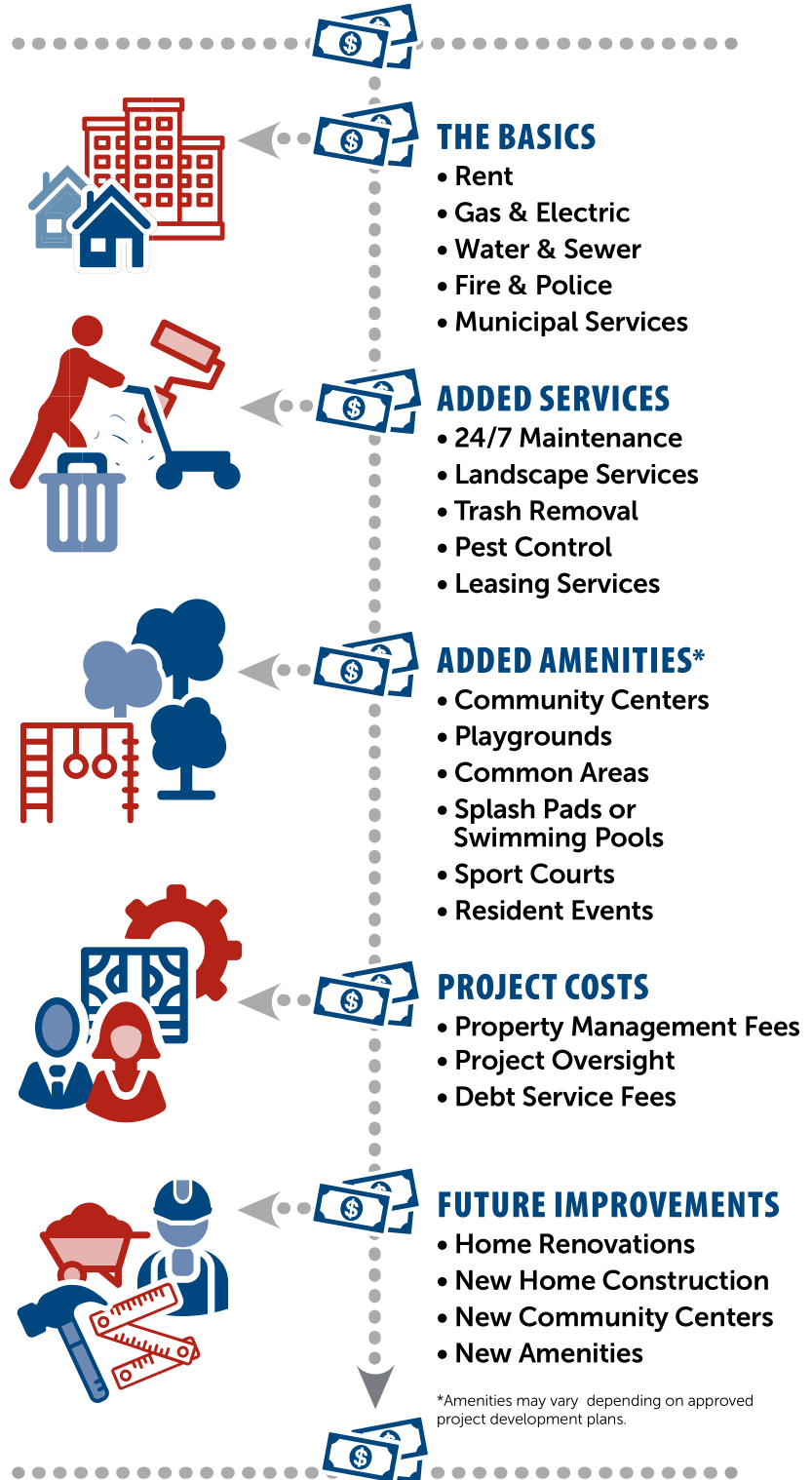


Your Basic Allowance for Housing (BAH) is the stipend the Department of Defense allocates for you to pay for the majority of rent and utilities.

HuntMilitaryCommunities.com

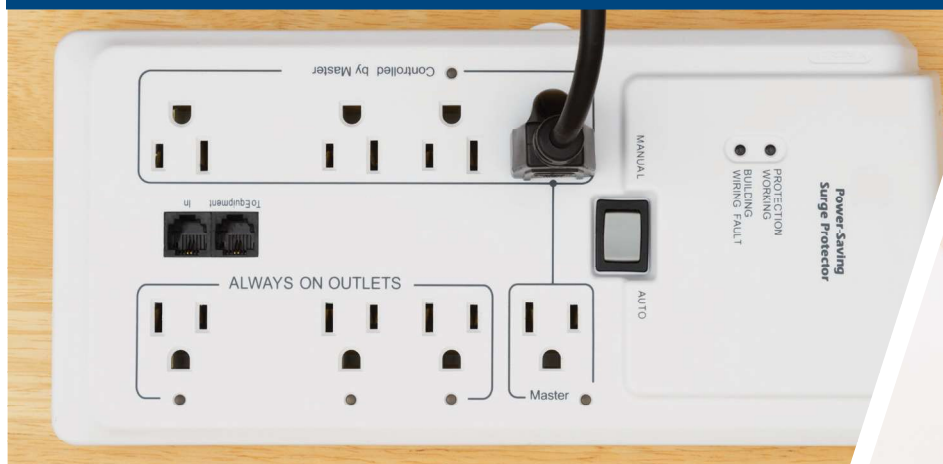


Your BAH with Hunt Military Communities Includes:



BAH funds are reinvested back into the project for current and future service members' needs.

ADVANCED POWER STRIP GIVEAWAY



Why should I be interested in an Advanced Power Strip (APS)?

Reduces Energy Consumption | Best for TV or PC Setup
No Charge | Free Resources/Training | Savings Benefit the Community

Available July 1, 2021

Pacific Northwest Communities has partnered with the local electric provider in your neighborhood to provide a **FREE** Advanced Power Strip for each home in their coverage area. Not only do we want to do our part in promoting conservation, but we want to help you to do so and save energy in your neighborhood.

HOW CAN I GET AN ADVANCED POWER STRIP FOR MY HOME?

1. Contact your local Neighborhood Management Office to determine if you qualify & make arrangements to get your power strip.
2. An acknowledgment form will need to be signed so the provider knows you accepted the power strip.
3. Resources will be provided with your power strip to help you understand the equipment and set it up correctly.

We appreciate your support of this initiative and in proactively taking action to conserve energy!

2021

JULY

SUN	MON	TUE	WED	THU	FRI	SAT
				01	02	03
04 Independence Day	05 Office Closed	06	07	08	09	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31