# **OCT** 2020

### WHIDBEY ISLAND INSIGHTS

# **NEWS & STORIES**





### **Our President's Message**





Over the past several years, Hunt Military Communities has been focused on forming relationships with groups and organizations which help us to better serve our military families. Blue Star Families, wear blue: run to remember, Operation Homefront, and Stop Soldier Suicide are a few of the organizations which have enriched our understanding of and services for our military families. I'm pleased to say that we have recently formed a multi-year partnership with The Military Family Advisory Network (MFAN). Through this partnership, MFAN will share the experiences and insight of those residents who live in our communities. In addition to focusing on housing issues, the partnership will also seek to address some of the other challenges faced by military families – specifically food insecurity and intimate partner violence. Hunt has prioritized and has worked diligently to provide the best possible housing for America's Service Members and their families and to improve the overall resident experience. This partnership is a further testament to Hunt's desire to work collaboratively with stakeholders to and real solutions. We know this relationship between Hunt and MFAN will bring much-needed resources to all military family communities. In October, you will see our stat's time and energy poured into the issue of food insecurity as well as gathering as many responses to the Resident Satisfaction Survey as possible so that we can continue to provide the needed services and resources to our military families.

John Ehle



President, Hunt Military Communities







#### Facts about Breast Cancer in the US:

- In 2020, an estimated 276,480 new cases of invasive breast cancer will be diagnosed in women in the U.S. as well as 48,530 new cases of non-invasive (in situ) breast cancer.
- 64% of breast cancer cases are diagnosed at a localized stage (there is no sign that the cancer has spread outside of the breast), for which the 5-year survival rate is 99%.
- This year, an estimated 42,170 women will die from breast cancer in the U.S.
- Although rare, men get breast cancer too. In 2020, an estimated 2,620 men will be diagnosed with breast cancer this year in the U.S. and approximately 520 will die.
- 1 in 8 women in the United States will be diagnosed with breast cancer in her lifetime.
- Breast cancer is the most common cancer in American women, except for skin cancers. It is estimated that in 2020, approximately 30% of all new women cancer diagnoses will be breast cancer.
- There are over 3.5 million breast cancer survivors in the United States.
- On average, every 2 minutes a woman is diagnosed with breast cancer in the United States



### Good News About Breast Cancer Trends:

 In recent years, perhaps coinciding with the decline in prescriptive hormone replacement therapy after menopause, we have seen a gradual reduction in female breast cancer incidence rates among women aged 50 and older. Death rates from breast cancer have been declining since about 1990, in part due to better screening and early detection, increased awareness, and continually improving treatment options.

# Fire Safety Month



Each year, the National Fire Protection Association (NFPA) celebrates National Fire Safety Month in October with Oct. 7th-13th being national fire prevention week and Oct. 13th being National Home Fire Drill Day. According to the Bureau of Labor Statistics, in 2016, there were 88 occupational fatalities as a result of workplace fires or explosions. This is down from 2015, in which there were 121. While the statistics show that the number of fatalities due to fires or explosions in the workplace is on a downward slope, any number other than 0 is unacceptable and demands the attention from management, safety professionals and employees in every company. Not only do fires present a severe life safety hazard, they also can be detrimental to business success due to the possible destruction of business equipment and facilities. This campaign serves as a reminder to us all of the importance of fire safety awareness in both the workplace and our home lives.

The safety reminders communicated in the work place can be easily translated to fire safety in the home. Establish a family emergency action plan, discuss escape routes with family members, and locate fire extinguishers in your home. Additionally, conduct a mock fire drill with your family members to ensure you and your loved ones know how to get out safely. During this drill, outline meeting places that are at a safe distance from the home. Designate a neighbor to contact for help in the event of an emergency. Simple exercises such as the aforementioned could mean the difference maker in your family making it out alive in the event of a fire in your home.

Below are key components to ensuring your workplace and home are fireproof:

✓ Eliminate Clutter - Exercise good housekeeping. Clutter can easily become a fuel source in the event of a fire, allowing a fire to spread quickly. Furthermore, clutter can restrict access to emergency equipment and exit routes.



- Designate Smoking Areas Permit smoking only in designated smoking areas and provide means for extinguishing smoking materials safely.
- Fire Extinguishers Maintain the appropriate type and number of fire extinguishers. Conduct monthly and annual extinguisher inspections to ensure they are in good, working condition.



- ✓ Chemical Safety Use and store chemicals safely. Read hazard warning labels and safety data sheets to determine flammability and other fire hazards. Ensure your chemical storage areas provide adequate ventilation for the storage of chemical or other hazardous substances.
- Waste Control & Storage- Limit the accumulation of flammable or combustible materials and residues as to prevent the risk for such materials contributing to a fire emergency.
- ✓ Exits Ensure emergency exit route diagrams are posted and accessible in all areas. Additionally, ensure means of egress are well-lit with regulated exit signs and free from debris or clutter.



✓ Contact Information - Have access to a list of emergency contact phone numbers in case of emergency. Remember that human nature is to panic in emergency situations; therefore, basics such as address, important phone numbers, and floor plan should be posted on or with the emergency action plan.

Remember it is always better to be proactive rather than reactive and it is best to alleviate hazards or hiccups in times of peace than in times of chaos. Utilize the above tips to reduce the risk for catastrophe or at least minimize the damage. The reality is that fire emergencies and disaster situations can strike anyone, anytime, anywhere.

So, remember, if a fire occurs in your workplace or home, don't panic,

A – Assess the situation
C – Choose the best action
T – Take action

For more information, please visit safetyresources.com





A-C-T:

# **UPCOMING IN OCTOBER**



We love our residents and want to show our appreciation. Instead of Resident Appreciation Day, we're making the whole month of October Resident Appreciation Month! Pacific Northwest Communities staff has planned a lot of fun events and tokens of appreciation for you this month! Please see the attached flyers for additional information on each event below.

- October 6th Pick-me-up Snack Give Away
- October 9th Scarecrow Craft Give Away
- October 12th Breakfast-on-the-Go
- October 16th Candy Apple Treat
- October 30th Pumpkin Carving Contest

We would like to thank our residents for helping to make Pacific Northwest Communities a fun place to live!! We hope to see you out for some of these fun events to celebrate YOU!

### Virtual Energy Event (see attached flyer)

While the Resident Energy Conservation Program is currently under suspension, Pacific Northwest Communities is still committed to the principles of the program:

- Contributing to our nation's energy security
- Taking better care of our fragile ecosystem by decreasing reliance on fossil fuels
- *Promoting conservation allows for* future improvements to housing communities
- Rewarding energy efficiency



To promote these guiding principles in our neighborhoods, we are excited to announce an enhanced focus on conservation throughout Energy Action Month (October). Pay attention for a special announcement of how your family can start to participate on Energy Efficiency Day (October 7th). Then October 19th-23rd there will be daily interactive sessions and activities as part of Energy Week. Throughout the week there will be special guests, content from our partners and utility providers, giveaways, prizes, raffle drawings, and fun activities. The week will end with an opportunity to participate as a community – join us to learn about more initiatives throughout the winter months.

Join us on your community's Facebook page to learn more!

### **HUNT'S SERVICE PROJECT**



### HELPING HANDS **EVENT OF THE YEAR!**

Give if you can, or receive if you need!

If you would like to participate, please fill the bag with any non-perishable items that you wish to donate and place on your porch. If you are in need of food, please reach out to the local food bank listed above.

All bags will be picked-up on your porchand delivered directly to the food bank. Bag Drop-Off October 15th Bag Pick-Up October 21st

> What We're **Looking for**

Non-Perishable Food Items Such as Peanut Butter, Jelly, Canned Foods, etc.

# **MAINTENANCE CORNER**



Is your home ready for colder temperatures?? Check out the home maintenance reminders below:

- Filters Please ensure that your air filters are replaced regularly (every 6 months). Stop by the maintenance shop to pick up your FREE filter when you are ready to replace them.
- Smoké Alarms Test all smoke alarms to make sure they are working properly. Check the batteries and replace if necessary.
- **Hose bib Covers** As the temperatures begin to drop, frozen pipes become a concern. Check your outside faucets and disconnect any hoses that may be attached. Secure your hose bib covers over the faucet for protection. If you are in need of hose bib covers, stop by the maintenance shop to pick one up.
- Insect/Pest Control Residents are allowed and encouraged to treat any insect issues with insect sprays and/or repellents. If the issue persists or is recurring, please contact your maintenance shop for further assistance to resolve the issue.

# **CEL SURVEY**

The CEL survey will be coming up soon in November! More details to come as we get closer. We look forward to hearing what our residents have to say! Let us know what is working well and how we can improve your housing experience with us!



## We're Here for You!



Matt Bush munity Director









Lamont Webster











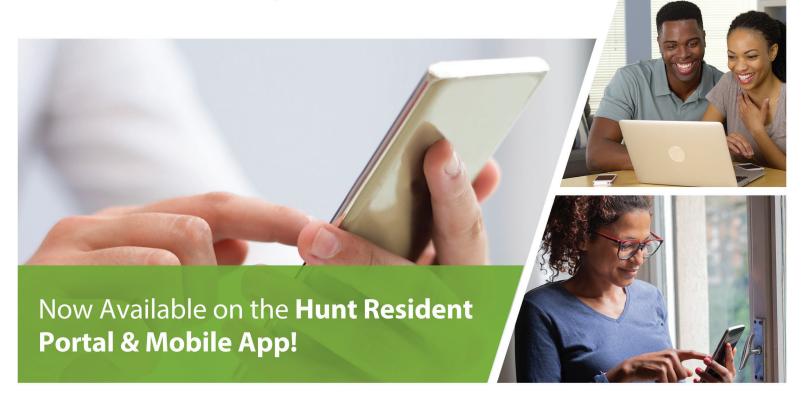








# Introducing Online Payments!



# TWO WAYS TO REGISTER

### **Visit Your Community's Website**

Under **Current Residents** click **Maintenance Requests** and then **Click here to register**. Use your email address on file & registration code previously provided.



## Download the **Hunt Resident App** (at:







<sup>\*</sup>Must know property name & zip code. Emergency messages do not require opt in.

### **Hunt Resident App Features & Services**

- Easy Online Payments
- Enjoy 24/7 Self-Service Account Management
- Submit & Track Routine Maintenance Requests
- Opt-In to SMS Text
- Communicate With Your On-Site Team Via Your Mobile Device
- Check Out Upcoming Community Events & Announcements!





# SIRTUAL ENERGY ENERGY ENERGY

**OCTOBER** 19<sup>TH</sup> - 23<sup>RD</sup>



Featuring a Week Full of Interactive Facebook
Activities & Contests, and Content from Our
Utility Partners. The Week Ends with a Virtual Event:
"A Night Out with Lights Out"

PRIZES | INTERACTIVE SESSIONS | GAMES KIDS COLORING CONTEST | GIVEAWAYS | RAFFLES INFORMATIONAL VIDEOS | SCAVENGER HUNT

### **STAY TUNED FOR MORE!**





















HUNT IS EAGER TO CREATE A COMMUNITY ADVISORY BOARD

# TO BETTER SERVE OUR RESIDENTS & MEET THEIR NEEDS.

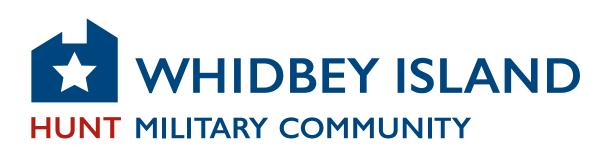
We are **LOOKING FOR MOTIVATED RESIDENTS** that would like to get involved and be an active voice for the community.

If you interested in being a voice for the community contact the Management Office at:

360.679.4241 • NorthSoundRSO@huntcompanies.com







# Make Your Friends Your Neighbors!











# **OCTOBER**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				AG Fall Decoration	g Contest 1st-8th	
4	5	6	7 Resident	8	9	10
		Pick-me-up Snack	Conservation Pledge (Online)		Scarecrow Craft Give-Away	
AG Fall Decorating Contest 1st-8th					(Comm. Center)	
11	12 Breakfast On the Go	13	14	15 Helping Hands Drop Off	16 Candy Apple Treat (Comm. Center)	17
		AG Pet of the Mo	onth 13th-20th			
18	19	20	21 Helping Hands Pick-Up	22	23	24
	<b>Energy Conserva</b>	tion Week (Online)	19th-23rd			
AG Pet of the Month 13th-20th				AG Halloween Costume Contest 22nd-29th		
25	26	27	28	29	30	31
					Pumpkin Carving Contest (online)	
AG Halloween Costume Contest 22nd-29th						

# **Calendar of Events**

### Virtual Online events:

(see Facebook page for more details)

- •Fall Decorating Contest October 1st-8th •Pumpkin Carving Contest
- •Scarecrow Contest October 9th
- •Pet of the Month (Costume Contest) October 13th-20th
- Energy Conservation Week October 19th-23rd
- Halloween Costume Contest October 22nd-29th
- October 30th

### **Hunt Service Project**

Helping Hands - Food Drive Drop off day October 15th Pick Up day October 21st

#### **Resident Give-Aways**

- •Pick-me-up Snack October 6th
- •Craft Give-Away October 9th
- •Breakfast On-the-go October 12th
- •Candy Apple Treat October 16th



