

SEP
2020

WHIDBEY ISLAND INSIGHTS NEWS & STORIES



Our President's Message



In the Spring of 2020, we partnered with Blue Star Families in a campaign to collect the most ingenious MilFam cleaning hacks. It was such a hit that we're doing it again this Fall! AND all of the finalist videos in that competition can be found at: bluestarfam.org/milfamspringclean. There are so many great tips there for you to check out! Stay tuned for more information in the coming days on the Fall version where we'll be collecting even more great ideas. We are proud to partner with Blue Star Families and want to encourage you to take full advantage of all the great (and free!) programs and services this awesome organization has to offer. You can find a local chapter, peruse career opportunities geared towards military spouses, find great activities for your kids, or participate in their many virtual programs by going to: bluestarfam.org. From all of us at HMC, I hope you and your family continue to remain safe and healthy.

John Ehle
President, Hunt Military Communities



HuntMilitaryCommunities.com



Keeping up with the pandemic



The coronavirus pandemic has no doubt taken over our daily routines and affected how we work, socialize and make plans. In Washington state alone, the Department of Health reports that in early August, King County had 676 deaths among 16,707 cases; while Snohomish County had 193 deaths among 5,486 cases; and Pierce County had 142 deaths among 5,751 cases*. At this rate of infection, the coronavirus pandemic shows no signs of slowing down. Suffice it to say, we can never be too safe or too protective of our household; and if this year has taught us anything habitual so far, there's a great chance it has to do with sanitizing and disinfecting. According to the EPA, there are proper ways we can safely and effectively do this in six easy steps.

Step 1. Check that your product is EPA approved.

Find the EPA registration number on the product. Then, check to see if it is on EPA's list of approved disinfectants at: www.epa.gov/epa-goovv/lis/listntn (article continued on next page)

*Coronavirus cases by county sourced from KIRO7.com, Aug 11, 2020

Step 2. Read the directions

Follow the product's directions. Check "use sites" and "surface types" to see where you can use the product. Read the "precautionary statements" as well.

Step 3. Pre-clean the surface

Make sure to wash the surface with soap and water if the directions mention pre-cleaning or if the surface is visibly dirty.



Step 4. Follow the contact time

You can find the contact time in the directions. The surface should remain wet the whole time to ensure the product is effective. Don't wipe up product before the contact time is up. This ensures you also maximize product absorption as required.

Step 5. Wear gloves and wash your hands

For disposable gloves, discard them after each cleaning. For reusable gloves, dedicate a pair to disinfecting COVID-19. Wash your hands after removing the gloves.



Step 6: Lock it up

Keep lids tightly closed and store out of reach of children.

Protecting ourselves from the pandemic certainly hasn't been easy. Luckily, we have some help to turn to. To learn more, go to www.coronavirus.gov and cdc.gov, both sources for this article.

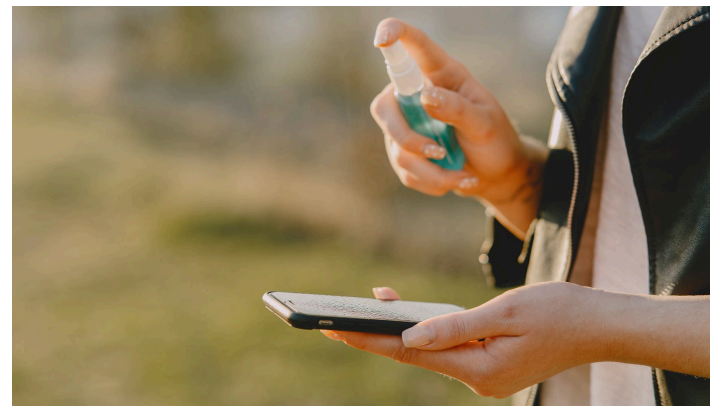
General recommendations for routine cleaning and disinfection of households

According to the EPA, community members can practice routine cleaning of frequently touched surfaces (for example: tables, doorknobs, light switches, handles, desks, toilets, faucets, sinks, and electronics (see below for special electronics cleaning and disinfection instructions)) with household cleaners and EPA-registered disinfectants that are appropriate for the surface, following label instructions.



Labels contain instructions for safe and effective use of the cleaning product including precautions you should take when applying the product, such as wearing gloves and making sure you have good ventilation during use of the product.

For electronics, follow the manufacturer's instructions for all cleaning and disinfection products. Consider the use of wipeable covers for electronics. If no manufacturer guidance is available, consider the use of alcohol-based wipes or spray containing at least 70% alcohol to disinfect touch screens. Dry surfaces thoroughly to avoid pooling of liquids.



Make the Switch **Today!**



We Are Switching From RENTCafé to **Hunt Resident App**

SWITCHING IS EASY

Download the **Hunt Resident App**  at:



Log in using your existing RENTCafé
username & password. That's it!

NEED TO REGISTER?

Download the **Hunt Resident App**  at:



Register online with email address on file &
registration code previously provided. Encounter an issue?
Contact your Management Office.

*Must know property name & zip code.

Hunt Resident App Advantages

Resident Services

- Available as a Desktop Website and a Mobile App
- Easily, Securely and Instantly Update Your Profile

Routine Maintenance Requests

Submit routine maintenance requests without having
to call or visit the property management office

- Create and Track Routine Maintenance Requests that
Include Photo and Voice Memos
- See Work Order History at a Glance

Communications

Stay up to date on community happenings

- View Community Announcements and Event Calendars
- Receive Push Notifications for Emergencies and More

Surviving the virtual era of quarantine



Due to the global effects of COVID-19, students worldwide are subject to new challenges with their parents taking on a new kind of role with home schooling their children. The transition from physical learning in school into transforming homes into virtual classrooms have no doubt left a lot of us questioning ourselves if we are indeed prepared to go into this forced virtual routine. Luckily, there are tips we sourced online to help address this concern and still allow you to survive and thrive during this unprecedented school season of 2020. These tips were sourced from Anne Bianchi, Ed.S. a National Board Certified Teacher, Instructional Technology Specialist, and a Google Certified Educator.

Establish a Daily Routine

Studies have shown that children thrive on a routine. The routine should consist of academic time with structured breaks throughout the day for the mind and body, and should mimic the school day the student just left behind. Contact your child's teacher and ask for the daily schedule so you can try to incorporate this at home.

- Set your alarms for the same time as when you were physically going to school each morning.
 - Eat lunch at the time your child ate lunch at school.
- If your child had physical education, make sure to plan for movement breaks at various times and specifically at the same times each day.
- Plan for predictable afternoons and relaxing evenings with your children, and as much as possible plan for them to be as typical as they would be during the normal school week.

Monitor Screen Time

A routine is crucial when it comes to screen time and using devices for virtual learning. Excessive screen time does have an impact on brain development. Technology is a very powerful resource for learning and now, more than ever before this challenging time, we must remember to limit our student's windows of time on devices.

Ensuring the screen time is scheduled with movement breaks is crucial to the daily routine for you to have a successful remote learning plan.

Set Up a Virtual Learning Space

The space should be an area you and your learner create together to ensure that it is an environment that promotes excitement towards learning.



- Ensure the space has appropriate seating for the age of your learner
- Center it around a hard surface for a device, writing, and reading materials with little to no noise at all.
- It must be well-lit with as much natural light as possible and spacious enough for you and your child to work together.
- Consider access to outlets as devices will need chargers to continue virtual learning.
- For multiple students in your family, consider giving each one their own basket of supplies to store materials specific to them, just as they would have at school. This provides a sense of ownership to their space.
- Each basket can contain pencils, paper, books, headphones, and any other materials they may need. The basket is also a handy place to store a water bottle or cup so you don't have to keep washing used ones throughout the day.

Identify and Ease Motivation Challenges

As your child navigates difficult challenges in their learning:

- Help them identify the criteria it will take to be successful
- Show them their progress along the way
- Acknowledge their feelings along the way
- Support them enough so they can be successful

Finding the balance between home comforts and study time is challenging and it will take time as your relationship molds to this new level. Motivators will likely look different each week so celebrate the small stuff and enjoy the time with your family

Source: www.growthed.com/3-virtual-learning-tips-to-survive-thrive/

Adventure safely!

Staying home may have affected some of our summer travel plans this year, but that doesn't mean we can't still enjoy the outdoors while keeping safety measures like social distancing and mask-wearing in mind. We're lucky to be surrounded by numerous Pacific Northwestern gems that offer day hikes and nature trips with rewarding views. If you're planning an adventure with the whole family, here are the top things we found online to keep in mind while exploring nature.

Make a Gear List

Don't get stuck in a moment in the wild thinking you wish you had brought something important! Make a gear list the day before to make sure you have everything you need. The must-have list, according to [active.com](https://www.active.com) includes: water, extra water, rain gear, compass, map and extra food.

Map it Out

Of all the hiking safety tips, bringing a map is one of the most important. You should never rely solely on GPS technology, especially with limited service and unreliable battery power. Always pack a map, and if you're not sure how to read one, take some time to learn beforehand.

Hike During the Day

Whenever possible, plan to hike during the day; not only is it easier to get lost in the dark, but the region where you're hiking may be home to a variety of wild animals that come slinking out at night. The best way to avoid being stuck out in the dark is to set a turnaround time. Regardless of how far you hike, you should stick to your predetermined time to ensure you finish hiking before the sun goes down.

Know the Area

Exploring new hiking trails is always exciting. Unfortunately, it also means you're unfamiliar with the territory. Before heading out, check regional hiking information for:

- Local wild animals and what to do if you come across one
- Local poisonous plants—think poison ivy, sumac, oak
- Local hunting areas/seasons
- Any and all hiking alerts
- You can find most of this information on regional government websites, or the site for the trail/mountain itself.
- You could also check out websites such as www.outdoorproject.com, www.wta.org or www.alltrails.com.



Stay in sight. Tell children they need to be able to see parents at all times. Consider letting kids lead, with an adult bringing up the rear to keep an eye on everyone.

Pay attention to the trail. Some mountain trails travel through avalanche chutes, or traverse steep slopes where debris might fall.

Take extra precautions around water. Keep a constant eye on children when they are around water. Watch out for steep bank edges that drop into swift water and slippery cobbles that could cause children to lose footing. If wading, stick to very shallow areas with good footing, gentle current and a safe entry point.

Tune in to teens. Teenagers need special guidance, as they tend to be more fearless. Many teens get into trouble by climbing in off-limits areas.

Look back so you don't get lost. While on the trail, take time to look back the way you've come. Trails look different when you turn around, and junctions are especially important places to get a picture of in your mind to recall the way to go. Remind kids to always wait at trail forks.

Prevent dehydration. Parents need to be proactive about reminding children (and themselves) to drink often, especially on hot days.

Know what to do if kids get separated from you. Take time before the hike to train children on what to do if they get separated from parents while in the woods and how to use the tools in their pack. First, they should find a tree and stay near it. Once situated by a tree, kids should use the whistle. A whistle is important, because it is very hard to find people in the woods by voice alone. A whistle's sound travels much farther, and people can keep whistling for much longer than they can keep yelling for help. It's not necessary to teach children a specific SOS call; search and rescue volunteers will check out any whistle they hear. (Washington Trails Association recommends teaching them to whistle three short blasts, and then count to three before whistling again.)

Exploring nature is a fun way to get some outdoor time while building memories with your family. We hope you do enjoy what the season has to offer despite what this year can't, and when you do so, we wish you a safe, fun and rewarding journey ahead.

Sources: www.active.com; www.parentmap.com/article/keeping-kids-safe-outdoors-top-tips



WHIDBEY ISLAND

HUNT MILITARY COMMUNITY

Make Your Friends Your Neighbors!



Modified Site Operations

As Hunt Military Communities (HMC) continues to monitor the COVID-19 pandemic we continually look to adjust property operations in accordance with recommendations from the Centers for Disease Control (CDC), state, and local authorities. As a precautionary measure and abundance of thoughtfulness for the health and wellbeing of our staff and residents, we have made the following adjustments to our operations.

NEIGHBORHOOD MANAGEMENT OFFICE

We will be available for your needs with precautionary measures in place for your safety and ours!

- We will be available in the office, Monday – Friday, 8 AM to 5 PM by appointment ONLY or for emergency purposes. Otherwise, our offices will be closed to the public.
- If you have flu-like symptoms including fever, cough, or difficulty breathing, please do NOT come to our offices. We are still here for you and can offer virtual assistance in all matters. Stay home and get well!
- To make an appointment to come to the office, please call us (360) 679-4241.
- If your rent is paid via check, please utilize the rent drop box at the community center entrance. We highly encourage all residents to pay via RentPayment.com or automatic allotment if able.
- For up to date communications and to create a maintenance request, please register using the Hunt Resident App which can be found in the Apple or Android store.
- Move-ins, pre-inspections, and move-outs will be conducted with a Hunt representative and one other person only unless a virtual inspection is requested.
- Our offices will be limited to no more than 1-2 people in the office at a time. All others will be asked to wait outside or in his/her car to practice social distancing.
- Masks will be required to enter our offices. Please bring a mask along with you.
- The use of hand sanitizer will be required of all who enter our offices. We will have sanitizing stations on all office desks, we ask that you please use it.
- Multiple signs are posted throughout our offices reminding everyone to practice social distancing, wear a face mask, and preventative measures in stopping the spread of the virus e.g. washing hands, etc.

What to expect from our team

We are taking extra precautionary measures to keep our office areas clean and safe for everyone's safety!

- Sneeze guards have been installed at every desk as an extra layer of protection.
- Our team is required to wear masks while in office.
- The team is required to use hand sanitizer after every interaction.
- After every visit, contact areas will be wiped down before the next person will be allowed to enter the office.
- Strict cleaning measures have been implemented at the opening of the office, throughout the workday, and at the closing of our office.
- HMC employees have and will continue to receive the required training on all policies and procedures to ensure understanding and adherence to the policy and standards set forth.

MAINTENANCE SERVICES

Maintenance will continue to respond to ALL work order requests at this time. We will continue to screen prior to performing work in your home. Also, we are now requiring some additional precautions of our residents before we enter into a resident's home.

- We will be asking questions to identify any potential risk of exposure to COVID-19 to ensure the most appropriate response. Please note our policy instructs all employees and 3rd party providers to stay home if they are ill, showing signs/symptoms, or have been exposed to COVID -19.
- In order for us to perform repairs in the home, we will require residents to take the following action to ensure our employees can perform work in a safe manner. As a resident, you will have three options when a work order is performed inside their home:
 1. Do not be inside the home while work is being performed.
 2. Be located in a separate area of the home, with no engagement with our team member.
 3. Only 1 member of the family is allowed contact with our team member, and if this occurs a mask must be worn along with maintaining appropriate social distancing.

While we understand this action will be disappointing to some, your health and safety, our employees' health and safety, as well as that of our military, civilian personnel, family members, and the base community is our top priority.

What to expect from our Maintenance Team

Our technicians will continue to take extra precautionary measures to keep their vehicles and work areas clean and safe for all our safety!

- Technicians are required to sanitize their hands before entering the home at every visit.
- Technicians will utilize appropriate Personal Protective Equipment (PPE) to include face coverings, shoe coverings, eye protection, and gloves.
- We ask that anyone in the home maintain a 6-foot social distance. One adult is permitted in the work area, maintaining a 6-foot distance during the repair process. If present in the work order, we would further require a mask/face covering be worn. Please have all other family members and pets located in another area of the home.
- The technician will wipe down/sanitize all possible work surfaces and touchpoints before and after the work is completed.
- Technicians are required to wipe down the interior of their vehicle and any touched surface after every home visit and at the beginning and end of their work shift.

AMENITIES

Please know that our intent is to solely limit the exposure to COVID while still allowing some amenities to open for you and your families' enjoyment. We are taking great care to evaluate which amenities can be reopened or remain open with the safety of all in mind. Should there be changes, we will communicate this to you and your family.

UPCOMING IN SEPTEMBER

9/1 • Car Seat Check • Oak Harbor Fire Station • 3pm-5pm

Please enter from the back (south) side of the station and pull forward into the apparatus bay when you arrive. Bring your car seat, child and owner's manuals of your car and car seat. To reserve your time slot - email CarSeatsNW@gmail.com; please include the number and ages of children. Drop-ins are also welcome and will be served on a first come, first served basis. Seats checked by Nationally Certified Technicians.

9/12-9/13 • Hydros for Heroes • Rotary Club of Oak Harbor

This event is meant to highlight the Heroes in our local community, such as the members of the military, law enforcement, firefighters, teachers and health care professionals. These Heroes help our community every day through their service and sacrifice. The race is operated and run by The Craig McKenzie Team, the Rotary Club of Oak Harbor, and by community volunteers. This professional racing event draws over 50 regional race teams, which include some of the sport's top names and approximately 10,000 fans from local and surrounding areas, as well as nationally. Bring your friends, bring your family, and come have a GREAT time by the water! Hydros For Heroes is a FREE event to the public! Visit <https://hydrosforheroes.com/> for more information.

9/13 • Whidbey Island Marathon & Half-Marathon • 7am-12pm

Providing picturesque ocean views and tranquil farmland, the full marathon and half marathon courses promise to be scenic from country back roads to waterfront coastlines, snow-capped mountains and rolling hills. For more information, visit <http://runwhidbey.com/>

FARMERS' MARKETS OPEN NOW

• Bayview Farmers' Market | Saturdays @ 10 am – 2 pm • April 25- October 31, 2020

Corner of SR 525 and Bayview Rd, Langley

Whether you are looking to get some fresh produce, plants, meat, (or the starts and planters to grow your own) this Whidbey Island Farmers Markets vendors and growers have you covered. And while you're there, why not grab a bite to eat or take home some baked goods, jams, jellies or cheeses from one of their food vendors? Check out artisan and craftsman booths; jewelry, fountains, furniture, toys, fiber art, pottery, cards, photography, clothing, garden art, hand-knits, soap and body care products, sculpture, and paintings.

• Coupeville Farmers' Market | Saturdays @ 10 am – 2 pm • April- October, 2020

Coupeville Community Green Saturdays (next to the library)

As a farmers market it is their mission to bring a balance of fresh local produce, artisans, crafts, foods, bread and interesting vendors. This market offers a great variety of items, often including fresh off-the-boat salmon and white fish brought over from Port Townsend by bicycle and ferry.

• Langley Second Street Market • Fridays @ 2 pm – 6 pm • May- October 2020

Langley's Second Street Market located in Langley, WA, on Whidbey Island, is a vibrant summer Friday afternoon venue with vendors who will be selling everything from produce to art. Bring the family, have dinner at one of Langley's excellent restaurants, enjoy the buskers, listen to the music and shop the market!

• South Whidbey Tenth Farmer's Market • Sundays @ 11 am-2 pm • May - October

This Whidbey Island Farmers Market is a family friendly place on a lush meadow with picnic tables, live music, educational features and children's activities. The produce vendors can accept SNAP coupons (formerly food stamps) as well as Farmers' Market Nutrition Program coupons. The market management encourage organic and certified organic growing methods and GMO-free.

SEPTEMBER IS NATIONAL PREPAREDNESS MONTH

Are you prepared for anything? This month, we look into a weekly plan provided by www.ready.gov to help you gear up for safety.

Week 1 • Sep 1-5 | Make A Plan | Talk to your friends and family about how you will communicate before, during, and after a disaster. Make sure to update your plan based on the Centers for Disease Control recommendations due to the coronavirus.

Week 2 • Sep 6-12 • Build A Kit | Gather supplies that will last for several days after a disaster for everyone living in your home. Don't forget to consider the unique needs each person or pet may have in case you have to evacuate quickly. Update your kits and supplies based on recommendations by the Centers for Disease Control.

Week 3 • Sep 13-19 • Prepare for Disasters | Limit the impacts that disasters have on you and your family. Know the risk of disasters in your area and check your insurance coverage. Learn how to make your home stronger in the face of storms and other common hazards and act fast if you receive a local warning or alert.

Week 4 • September 20-26 • Teach Youth About Preparedness | Talk to your kids about preparing for emergencies and what to do in case you are separated. Reassure them by providing information about how they can get involved.

Contact Information
Neighborhood Management and
Maintenance Offices open:
Monday - Friday 8:00-5:00pm
Closed Saturday & Sunday

Office Phone: 360-679-4241
Available for Emergencies 24/7:
866-616-3267

Victory Terrace - 2205 Egret Dr.
Crescent Harbor - 1930 Magnolia Way
Maylor Point - 1093 Mt. Stewart Loop
Maintenance Shop - 2372 Robin St.

RESIDENT REMINDERS

Back to School Safety Checklist: <https://www.nsc.org/home-safety/seasonal-safety/back-to-school>

Transportation Safety

• **Walkers:** walk on sidewalk if available; walk facing traffic if no sidewalk is available. Look both ways TWICE before crossing the street. Make eye contact with drivers before crossing and always use crosswalks. STAY ALERT.

• **Bike Riders:** ride on the right side of the road; come to a complete stop before crossing the street; walk bikes across the street. Wear a properly fitted helmet. STAY ALERT.

• **Bus Riders:** stand 6 feet from the curb; go to the bus stop with your child if possible and teach the proper ways to get on and off of the bus.

• **Driving Your Child to School:** obey school zone speed limits and follow your school's drop-off procedure; make eye contact with children crossing; never pass a bus loading or unloading children; keep plenty of space between yourself and other vehicles including buses for children to properly enter and exit vehicles.

• **Teen Drivers:** set a good example; check into the "New Driver Deal" for expectations between parents and teens; practice safe driving frequently.

School Safety

• **Backpacks:** Ask your children to use both straps when wearing their backpack to evenly distribute the weight on their shoulders. Don't overstuff a backpack; it should weigh no more than 5% to 10% of your child's body weight. Rolling backpacks should be used cautiously since they can create a trip hazard in crowded school hallways

• **Playgrounds and Sports:** To reduce strangulation hazards on playgrounds, have your child leave necklaces and jackets with drawstrings at home. A few bumps and bruises can be expected when your child plays sports, but head injuries should never be ignored.

Summer Reminders

• **Boats and RV's**

Recreational vehicles (campers, trailers, boats, etc.) are not permitted to be parked in the neighborhoods. However, recreational vehicles may be parked within the garage of the property. Moving vehicles are permitted on property during the day and are allowed overnight only if the vehicle fits in the driveway. Moving trailers are not allowed to be dropped/unhitched on site for any period of time.

If you have any questions, please contact us anytime--we're happy to help!

We're Here for You!



Matt Bush
Community Director



Heather Carlon
Community Manager



James Mauck
Community Supervisor



Jen Jones
Community Manager



Lamont Webster
Maintenance Director



Louise Aldana
Maintenance Manager



Heather Eaton
Maintenance Manager



Nathan Kline
Maintenance Manager

Facebook: www.facebook.com
Website: whidbeyislandfamilyhousing.com



SEPTEMBER

NOTE: Garbage will be collected on the regular schedule EXCEPT for the following holidays: New Years, Thanksgiving Day, and Christmas. Garbage will be collected the following day.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 VT Garbage Pick Up	2	3	4	5
6	7 MP/CH/WA Garbage Pick Up MP Recycle Pick Up OFFICE CLOSED	8 VT Garbage Pick Up	9	10 VT Recycle/Compost Pick Up MP Compost Pick Up	11 Remembering 9/11/2001	12
13	14 MP/CH/WA Garbage Pick Up MP Recycle Pick Up	15 VT Garbage Pick Up	16	17	18 Game Night	19
20	21 MP/CH/WA Garbage Pick Up CH/WA Recycle/Compost Pick Up	22 VT Garbage Pick Up	23	24 VT Recycle/Compost Pick Up MP Compost Pick Up CAB Meeting	25	26
27	28 MP/CH/WA Garbage Pick Up MP Recycle Pick Up	29 VT Garbage Pick Up	30			

Calendar of Events

- **September 11th –** Remembering September 11, 2001
Choose how you would like to commemorate this day in history. Post photos to our FB page with #RememberSeptember11.

www.facebook.com/whidbeyislandfamilyhousing.com

- **September 18th - Game Night**
Celebrating the start of a new school year! Take a break and have a fun family game night.
**RSVP via our FB page by sending a message with your contact information by September 14th.*

- **September 24th - CAB Meeting**
Interested in joining our Community Advisory Board? This is a great opportunity to share any resident interests and help coordinate future events. Small refreshment delivered to your door for the meeting!
**RSVP via our FB page by sending a message with your contact information by September 21st. You will be invited to join a virtual meeting.*



HuntMilitaryCommunities.com

Events Are For Whidbey Island Family Housing Residents Only

