# AUG WHIDBEY ISLAND INSIGHTS NEWS & STORIES





### **Our President's Message**



As we all prepare for back-to-school, we want to help support you and your children in whatever form their educational experience takes this year. In 2019, on average, families spent close to \$700 per student for school supplies. In addition, many schools also asked parents to contribute up to \$100 per family for

general use classroom materials. When combined with other childcare costs, many military families face difficult choices about whether to ensure their children are well supplied for school or whether to purchase other essential items for their family, including clothing and food. This year, the Hunt Heroes Foundation, in partnership with Operation Homefront, will distribute 3,700 backpacks filled with muchneeded school supplies to military families at each of our communities. We are proud to be partnering with this wellrespected national non-profit who last year provided backpacks to over 43,000 military children across the U.S. Watch for more information in the coming days about this effort and how you can apply to receive school supplies for your child. As we move ahead together and navigate these uncertain times, we remain committed to serving you and your families.

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John Ehle President, Hunt Military Communities



# Stay summer safe!



According to the CDC, nearly 5 million people are treated for skin cancer each year in the United States. Skin cancer can be serious, expensive, and sometimes even deadly. Fortunately, most skin cancers can be prevented. Ultraviolet (UV) rays—from the sun or from artificial sources like tanning beds—are known to cause skin cancer. Damage from exposure to UV rays builds up over time, so sun protection should start at an early age. the sun's ultraviolet (UV) rays can damage your skin in as little as 15 minutes. Follow the following CDC recommendations on UV protection and water safety to help protect yourself and your family.

Put on broad spectrum sunscreen with SPF 15 or higher before you go outside, even on slightly cloudy or cool days. Don't forget to put a thick layer on all parts of exposed skin. (cont. on next page) **How sunscreen works:** Most sunscreen products work by absorbing, reflecting, or scattering sunlight. They contain chemicals that interact with the skin to protect it from UV rays. All products do not have the same ingredients; if your skin reacts badly to one product, try another one or call a doctor.

**SPF.** Sunscreens are assigned a sun protection factor (SPF) number that rates their effectiveness in blocking UV rays. Higher numbers indicate more protection. You should use a broad spectrum sunscreen with SPF 15 or higher.

**Reapplication.** Sunscreen wears off. Put it on again if you stay out in the sun for more than two hours and after swimming, sweating, or toweling off.

**Expiration date.** Check the sunscreen's expiration date. Sunscreen without an expiration date has a shelf life of no more than three years, but its shelf life is shorter if it has been exposed to high temperatures.

**Cosmetics.** Some makeup and lip balms contain some of the same sun-protective ingredients used in sunscreens. If they do not have SPF 15 or higher, be sure to use other forms of protection as well, such as sunscreen and a wide-brimmed hat.



### **DID YOU KNOW?**

Surfaces that reflect the sun's rays, like snow, sand, water, and concrete can give you sun damage. Wear additional sun protection and sun protection gear like a hat with a wide brim and sunglasses to protect your face and eyes. Sunglasses to protect your eyes from UV rays and reduce the risk of cataracts and other eye problems. Wrap-around sunglasses that block both UVA and UVB rays offer the best protection by blocking UV rays from the side. Wear a long-sleeved shirt and pants or a long skirt for additional protection when possible. If that's not practical, try wearing a T-shirt or a beach cover-up.

### FRIENDLY SEASONAL REMINDERS FROM YOUR RESIDENT HANDBOOK

#### **Boats and RV's**

Recreational vehicles (campers, trailers, boats, etc.) are not permitted to be parked in the neighborhoods. However, recreational vehicles may be parked within the garage of the property. Moving vehicles are permitted on property during the day and are allowed overnight only if the vehicle fits in the driveway. Moving trailers are not allowed to be dropped/unhitched on site for any period of time.

#### **Hanging Flags**

One flag is permitted per home; most homes have a pre-installed flag receptacle. If your home does not have a pre-installed receptacle, contact our management office for instructions.

#### **Privacy Fences**

The installation of a fence on an unfenced backyard is considered an alteration and must be requested and approved by the management office. Slats are permitted through the fence for privacy with an exception to policy from the management office. vinyl/cloth or any other material is prohibited on the fences.

#### **Wading Pools**

• **No** swimming pools or hot tubs are allowed on the property; wading pools are allowed only in backyards and must be emptied and put away daily.

#### According to the CDC:

From 2005-2014, there were an average of 3,536 fatal unintentional drownings (non-boating related) annually in the United States — about ten deaths per day. An additional 332 people died each year from drowning in boating-related incidents.

About one in five people who die from drowning are children 14 and younger. For every child who dies from drowning, another five receive emergency department care for nonfatal submersion injuries.

More than 50% of drowning victims treated in emergency departments (EDs) require hospitalization or transfer for further care (compared with a hospitalization rate of about 6% for all unintentional injuries). These nonfatal drowning injuries can cause severe brain damage that may result in long-term disabilities such as memory problems, learning



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disabilities, and permanent loss of basic functioning (e.g., permanent vegetative state).or transfer for further care (compared with a hospitalization rate of about 6% for all unintentional injuries).

#### Portable A/C /Units

Portable A/C units are permitted in the home. Mounted A/C units to walls and/or windows, however, are **not** permitted. You may contact the housing office for Reasonable Accommodation Request for A/C units to be installed.

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#### **Garage and Yard Sales**

All yard and garage sales will be limited to Friday, Saturday and Sunday only. Items are not allowed to be left outside your residence overnight. Signs may be posted only on community bulletin boards no sooner than 72 hours before the sale and must be removed by the end of the day of the sale. Do not place signs on road signs, telephone poles, mailboxes, trees, etc.

#### **Pet Policy**

Please clean up after your pet. Leaving their little surprises has detrimental effects not only to the environment but also to individuals and other pets that may come in contact with them. According to the community handbook, dog owners must pick up and remove any droppings immediately. No one is permitted to leave pet waste droppings in their yard or anywhere in the neighborhood and all pet-owning residents must carry a disposal bag and immediately clean up after their pets. The picked up droppings must be wrapped and sealed before being disposed of in the trash. **Violation of this regulation will result in an automatic waste removal charge of \$20.00 per occurrence.** •Dogs and cats must also wear tags with owner identification and

•Dogs and cats must also wear tags with owner identification and house number.

•Pets must be confined to their residence or restrained by a leash or fence in the backyard of the Premises and may not be tied to common area trees, porches or any common area in the Neighborhood.Pet owners are responsible to control pet noise and odor.

•All pet bites must be reported immediately to the local animal control agency and the NMO regardless of when or where the bite occurs.

#### **Permission to Enter (PTE)**

•Granting us permission to enter for work orders allows us to address them in a more timely manner and getting the work completed more quickly. Feel free to ask us about getting a PTE anytime.

#### WINDOW SAFETY

At Pacific Northwest Communities, your health and safety is always our top priority. We recognize the importance of window safety and being aware of the precautions that come with having windows in the home.



Windows are one of the greatest dangers as well as one of the most important safety features in your home. Take a moment to promote window safety awareness among all members of your household.

Remember, unattended children run the greatest risk of falls and injuries. All windows above the first floor should have a Child Fall Hazard warning sticker installed on them. If you do not have warning stickers installed or they are missing from one or more of your windows, call maintenance to have them replaced.

Nothing can substitute for careful supervision. Below are some tips from the National Safety Council to help your family understand the important role of windows as an escape as well as a safety risk for children.

#### **Preventing Falls**

When it comes to preventing falls, there's no substitute for the adult supervision of children but there are safety measures that may mitigate risks.

• When children are around, close and lock your windows. If you need ventilation, open only those windows that they cannot reach.

• Keep furniture - or anything children can climb – away from windows.

• Take the time to walk through your home to ensure that areas around all windows are clear of items that can be used as a climbing aid.

• Teach children not to play near windows. When young children are in the home, keep their play area in the center of the room and away from open windows, doors and balconies.

• Do not rely on insect screens to prevent a window fall.

• For greater safety, keep windows closed and locked when not in use.

For more window safety tips, visit www.huntsafetyzone.com/ childrens-safety/window-safety



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# Make the Switch Today!

# We Are Switching From RENT*Café* to Hunt**Portal**

# SWITCHING IS EASY Download the HuntPortal App of at:



Log in using your existing RENTCafé username & password. That's it!

# **NEED TO REGISTER?** Download the Hunt**Portal** App at:



Register online with email address on file & registration code previously provided. Encounter an issue? Contact your Management Office.

\*Must know property name & zip code.

# HuntPortal Advantages

### **Resident Services**

- Available as a Desktop Website and a Mobile App
- Easily, Securely and Instantly Update Your Profile

### **Routine Maintenance Requests**

Submit routine maintenance requests without having to call or visit the property management office

- Create and Track Routine Maintenance Requests that Include Photo and Voice Memos
- See Work Order History at a Glance

### **Communications**

#### Stay up to date on community happenings

- View Community Announcements and Event Calendars
- Receive Push Notifications for Emergencies and More



#### HuntMilitaryCommunities.com



# **Big winners of July**



**RED WHITE AND BLUE CHALLENGE** | The Meschke family had a great time celebrating and decorating for the 4th of July contest! Check out their awesome yard sign! They won an all-inclusive BBQ package from Omaha Steaks!



**YARD OF THE MONTH** | The Fields family were very excited to receive their brand new Traeger grill after our random drawing for Yard of the Month.

# Keep your cool!

Summer is definitely heating up! As we enjoy the warmth this season brings, it's important to maintain a healthy balance in your home's temperature. Here are some tips on how to stay cool in your home:



**ICE, ICE, BABY** • Place a bowl of ice or an icepack in front of a large fan, the air will blow over the ice and blow extra chilled air into the room.

**KEEP IT SHADY** • Keep blinds closed. This simple trick can lower indoor temperatures by up to 20 degrees. When outside your house gardening or grilling for a prolonged amount of time, find a shade that you can stay under to prevent heat exhaustion.

**KEEP IT LIGHT** • Change bedding and sheets to lightweight fabrics that work well in cooling your body in the summer heat.

**CHILL OUT-** If your home has a ceiling fan, set it to rotate counter clockwise at a higher speed, the airflow will create a **"wind chill"** effect. (This cannot be done with fans on vaulted ceilings.)

**GET CRACKIN'**• Crack open windows to let the cool breeze or night air in.



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# **Conservation Corner**

In March 2020, the Secretary of Defense issued the temporary suspension of the Resident Energy Conservation Program (RECP) in compliance with the 2020 National Defense Authorization Act passed by Congress. As a result, all military branches directed privatized military housing project (PPV) companies to temporarily suspend live utility billing for active duty Service Members participating in the Navy RECP program.

#### How Will My Family Be Affected by the Suspension?

Active Duty: While RECP is suspended, Service Members living in PPV housing will continue to receive a mock billing statement each month showing their individual household's energy usage. However, residents will not actually be eligible to earn a rebate or have a bill to pay. The statement will show your "mock" billing outcome and whether you would have earned a rebate, been in the normal usage band, or had charges if live billing was still in effect.

**Civilian, DOD & Military Retirees:** Civilians, military retirees, DOD employees, and other eligible residents living in PPV housing are responsible to pay full energy consumption in accordance with the terms outlined in your lease agreement.

#### Why should I conserve during the suspension?

The Department of Defense still has an initiative to reduce energy consumption. Reductions in usage reduce our dependence on foreign oil and reduce greenhouse gases and pollution, helping us improve the quality of life for all Americans. Furthermore, financial savings resulting from reduced usage are reinvested in PPV communities to directly improve your quality of life. Continued conservation will allow financial resources to continue to be reinvested in your community and improve your quality of life now and into the future.

#### How do I conserve energy? Take these 5 steps

- Be aware of how your home uses energy see the chart
- Learn about your energy habits
- Education Use the resources at the end of the page
- Change habits- Focus on the largest consumers of energy first
- Re-assess Start back at step 1 and repeat

# How we use energy in our homes:



Source: www.energy.gov

#### RESOURCES

#### Websites:

• www.huntmilitarycommunities.com (click on Resident Resources)

- www.northwestmilitaryhousing.com (click on Utilities)
- www.thelandingskitsap.com (click on Utilities)
- www.minolusa.com click on the FAQ button in your resident portal
- www.navylifepnw.com click on your base, then RECP from the housing menu

# For more questions or concerns, please contact us at the following numbers:

- Constitution Park | 877-245-7370
- Whidbey Family Housing | 360-679-4241
- Bangor & Keyport Family Housing |360-598-5831
- The Landings & Bremerton Family Housing | 360-394-7304
- Constitution Park/Whidbey Family Housing |
- 1-866-616-3267
- Bangor, Bremerton, Keyport Family Housing/The Landings |1-888-335-3297
- •Minol USA Customer Service | 1-888-636-0493

Additional handouts and flyers can be located in your move-in packet, in your community office, and at community events. Look for more tips, videos, and events in the near future. October is Energy Action Month, so keep your eyes and ears open for more information!



# **UPCOMING IN AUGUST**

Check out what's happening this month!

# Aug 3-7 CAB Online Meeting

Interested in getting involved with your community? Consider joining the Community Advisory Board and check out our online event to get more information!

## Aug 10-12 | Summer Photo Contest

Post your favorite summer time photo for a chance to win a prize!! The photo with the most likes wins! Be sure to tag your friends and neighbors!

## Aug 14 | Summer Camp Vibes

Stop by your local community center to pick up camping goodies for kids! While supplies last!

### Aug 21 End of Summer Popsicle Route

Watch for the Whidbey Island Housing van to roll through your neighborhood with nice refreshing popsicles! Times and route for each neighborhood will be posted on out Facebook page.

# Aug 28 Back to School Supplies

Homeschooling? Virtual Learning? Whidbey Family Housing will have a variety of school supplies available for pick up at your local community center! While supplies last!

# **Community Developments**

We're pleased to announce the projects and community improvements that we are currently working on:

- Vinyl Siding Replacement ongoing for Crescent Harbor II
- Pest Control ongoing on all properties
- Mosquito Treatments Maylor Point through August
- Wood rot replacement ongoing for Victory Terrace

**ContactInformation** Neighborhood Management and Maintenance Offices open: Monday-Friday8:30am-4:30pm Closed Saturday & Sunday

Office Phone: 360-679-4241 Available for Emergencies 24/7: 866-616-3267

Victory Terrace - 2205 Egret Dr. Crescent Harbor - 1930 Magnolia Way Maylor Point - 1093 Mt. Stewart Loop Maintenance Shop - 2372 Robin St.

# **JOIN OUR ONLINE EVENTS!**

#### WEEKLY CONTESTS RUN FROM MONDAY THROUGH WEDNESDAY!

MONDAYS | MONDAY MOTIVATION - Every Monday, share your inspiration with us on Mondays to get the week started off right!

TUESDAYS | TUESDAY TRANSFORMATION - Base Housing Style: Share with us how you have made your house a home!

WEDNESDAYS | MID-WEEK RECIPER SWAP - Gather with us on Wednesdays to show case some of your favorite dishes and recipes!

THURSDAYS | THROWBACK THURSDAY -Come check out amazing things that were happening "This Day in History!

FRIDAYS | FIND THE LIGHT! Join us on Fridays to nominate a neighbor that has helped you or your community! Tag your neighbors to spread the joy of kindness!

# **Welcome New Residents!**



Picking up from one place and moving to another is never a walk in the park, especially when children and pets are involved. Here, our team at Whidbey Island is dedicated to helping you make the transition easier and provide 5-Star service every step of the way. Contact us at the information we have on the bottom of the page for assistance anytime.

# We're Here for You!

















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Website: www.northwestmilitaryhousing.com



